

“Aged care and intergenerational solidarity in Small Island Developing States (SIDS):  
A case of the Maldives”.



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# REPUBLIC OF MALDIVES

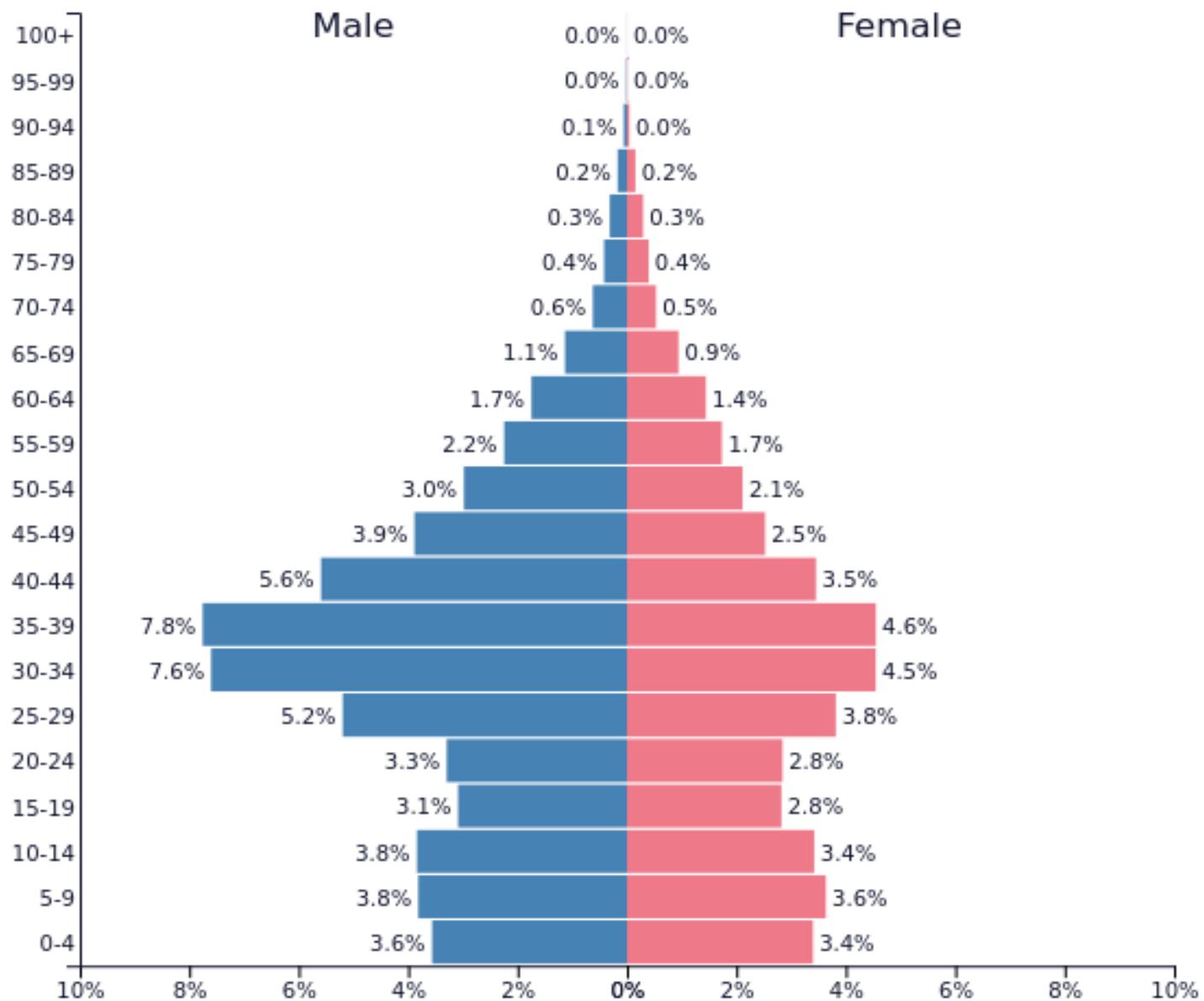




- About 40 islands have a population less than 500 people.
- Most islands have a population within the range of 500-999 people.
- 2 islands have a population within the range of 5,000 to 9,999 people
- Only three islands (Hithadhoo, Kulhudhufushi and Male'), have a population of more than 10,000 people.

- Total population 523,787 (2022)
- Between 15-35 years of age 35%
- <18 years of age 23 % of the total population
- Population aged 65 years and above in the Maldives increased from 2.4 % in 1973 to 4.8 % in 2022 and expected to increase to 7 percent in 2030 and 14 percent by 2050

- Life Expectancy increased from 55 in 1980 to 79 in 2020
- Life Expectancy at birth for females is 81.6 years
- Life Expectancy at birth for males is 78.5 years
- Noncommunicable diseases (NCDs) are increasing & 85% of total deaths
- Literacy rate in Dhivehi (local language) is high elderly population although literacy level is low in English and digital technology.



# The Past



men went fishing





Women were busy educating their children, doing house chores and bringing additional income into the family



Elders were looked after by family members



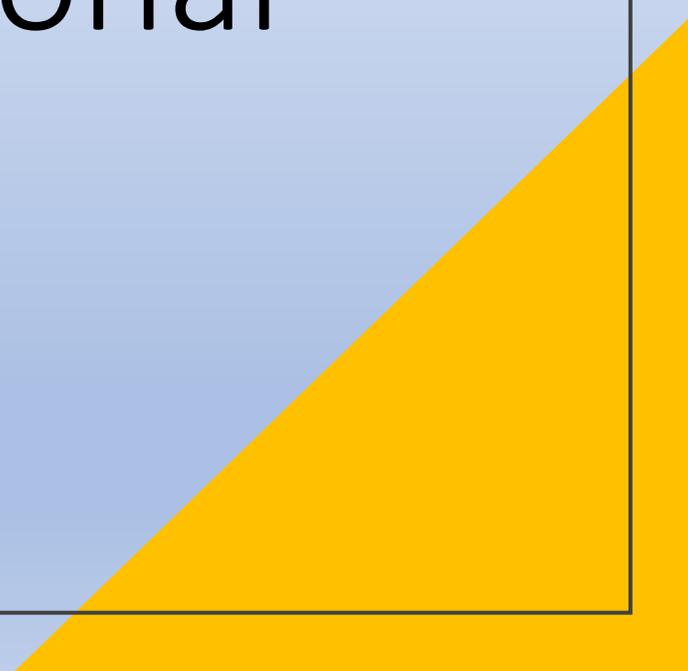
Family cohesiveness existed through regular family gatherings to mark special cultural and religious occasions such as naming ceremonies, religious festivals, and anniversary days, that enabled family members of all ages to meet and spend time together.



# Effects of socio economic and lifestyle changes

- Extended families changed to nuclear families
- Many young people migrated to larger islands for better education and employment
- Older family members were left back in the islands
- Rapid advancement in technology and communication increased the generation gap
- Communication between generations became limited and elderly were side-lined

What is been done to  
promote intergenerational  
solidarity





At national level

Marking IDOPs  
and Grandparents  
Day

# Public events



# Partnering with youth organization



## Conducting interactive intergenerational workshops



# Advocacy

- Creating awareness on media about intergenerational solidarity
- Promoting intergenerational activities at the existing Youth centres
- Greater involvement by civil society organizations in the formulation of national policies
- Use of elders as mentors in schools and colleges

# Intergenerational solidarity 1971

